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****If you are interested in joining **Open Minds**, a New Organization Devoted to Raising Mental Health Awareness on Penn's campus, please contact Alison Malmon at openmind@dolphin.upenn.edu****

Did You Know?:

Famous People with Mental Illness

- Erin Brokovich shares her stories as a recovering Anorexic
- Rosie O'Donnell, has suffered from depression for over 20 years
- 60 minutes correspondent Mike Wallace suffers from depression, as does astronaut Buzz Aldrin
- Abraham Lincoln suffered from severe, incapacitating and occasionally suicidal depressions
- Ms. Kansas 1999, became clinically depressed in her sophomore year of college
- Lionel Aldridge, a defensive end for Vince Lombardi's legendary Green Bay Packers of the '60s, played in two Super Bowls, but suffered from schizophrenia in the '70s
- Peter Green, guitarist for Fleetwood Mac, as well as Syd Barrett of Pink Floyd suffered from schizophrenia
- Entrepreneur Ted Turner and Academy Award-winning actress Patty Duke both suffered from bipolar depression
- Sarah McLachlan, Sheryl Crow, Elton John, and Janet Jackson all suffer from depression, as have actors Jim Carrey, Anthony Hopkins, and Harrison Ford
- Ludwig von Beethoven, the brilliant composer, experienced bipolar depression, as did artist Vincent Van Gogh and author Edgar Allan Poe
- Writers Ernest Hemingway, and Charles Dickens both suffered from clinical depression
- Winston Churchill: "Had he been a stable and equable man, he could never have inspired the nation. In 1940, when all the odds were against Britain, a leader of sober judgment might well have concluded that we were finished," wrote Anthony Storr of Churchill's bipolar depression

You can live a happier, fuller life and enjoy your creativity even more if you get help. You shouldn't have to spend a lifetime suffering.

FREE, CONFIDENTIAL SERVICES ARE AVAILABLE TO YOU AT PENN:

**CAPS (Counseling and Psychological Services)
Citizens Bank Building, Second Floor
133 S. 36th Street (corner of 36th & Walnut)
(215) 898-7021**

**OPEN MINDS WEBSITE:
<http://dolphin.upenn.edu/~openmind>**

*Facts obtained from the National Alliance for the Mentally Ill (<http://www.nami.org>) and HopeAlliance

