

# 2012 San Diego Wellness and Recovery Summit:



HOPE

CHOICE

EMPOWERMENT

RECOVERY  
CULTURE

SPIRITUALITY/  
MEANING &  
PURPOSE

Our primary audience is people receiving mental health services in the County of San Diego.  
Providers please do encourage the people you serve to attend.

**Wednesday, March 28, 2012**

**Town and Country Resort & Convention Center**

**500 Hotel Circle North**

**San Diego, CA 92108**

**Parking: \$6.00 per vehicle**

**For more information:**

**858.274.4650 or**

**[Karen.Hayman@recoveryinnovations.org](mailto:Karen.Hayman@recoveryinnovations.org)**

**THIS EVENT IS FREE FOR ALL!**



Funding provided through the County of San Diego Health and Human Services Agency Adult and Older Adult Mental Health Services.

# 2012 San Diego Wellness and Recovery Summit:

Wednesday March 28, 2012 9:00 a.m. - 3:00 p.m.

**This year's theme is "Everyone Counts".  
The presentations will focus on suicide prevention and recognizing the value, importance and contribution of every individual.**

Continental breakfast and lunch are included. Winners of the "This Person Award" will be honored. These awards recognize and show appreciation for the continuous support provided by the people who encouraged individuals in recovery by showing their love and never ending belief in their strengths and abilities!

- **How to nominate your "This Person": *send in your nomination form along with your registration by February 3, 2012, and describe how "This person" you are nominating helped you on your journey of recovery.***
- **"This Person" nomination form can be found on the backside of the summit registration form. (Employees of Recovery Innovations are not eligible for nomination).**

Resource tables for community agencies and programs will be present for resource and networking opportunities.



**Town and Country Resort & Convention Center  
500 Hotel Circle North,  
San Diego CA 92108  
Parking is \$6.00  
Conveniently located next to Fashion Valley Transit Center  
(Trolley and Bus)**

**Registration 8:00 a.m. - 9:00 a.m.**

**IMPORTANT:** A completed registration form must be received for each attendee. Registration is on a first come first serve basis. Space is limited, submit your registration form right away! We will send out notice when the event is full. Sending in a registration form does not guarantee a seat. Please confirm you are on the list by calling RICA. For your registration to be considered, it must be received on or before the deadline, February 3, 2012. Any registration form received after the deadline will not be considered. **Forms must be completed and signed by the individuals who will be attending.** Anyone needing assistance to complete a form may call RICA and will be directed to a Peer Support who can assist them in completing the form.

## Directions to hotel:

**Interstate 8 East (El Centro):** Exit 2nd Hotel Circle Exit and turn left going under the over pass.

**Interstate 8 West (Beaches):** Exit Hotel Circle and turn right.

**Interstate 5 North or South:** Exit onto I-8 East and exit 2nd Hotel Circle exit, turn left, continue under the overpass.

**Interstate 805 North or South, Interstate 15 North or South & Hwy 163:** Exit onto Interstate 8 West (Beaches), exit Hotel Circle and turn right.

# 2011 San Diego Wellness and Recovery Summit: "Everyone Counts" REGISTRATION FORM

Our primary audience is people receiving mental health services in the County of San Diego.  
Providers please do encourage the people you serve to attend.

**REGISTRATION DEADLINE: FRIDAY FEBRUARY 3, 2012**

**IMPORTANT:** A completed registration form must be received for each attendee. Registration is on a first come first serve basis. Space is limited, submit your registration form right away! We will send out notice when the event is full. Sending in a registration form does not guarantee a seat. Please confirm you are on the list by calling RICA. For your registration to be considered, it must be received on or before the deadline, February 3, 2012. Any registration form received after the deadline will not be considered.

**Forms must be completed and signed by the individuals who will be attending.** Anyone needing assistance to complete a form may call RICA and will be directed to a Peer Support who can assist them in completing the form.

Please Print Clearly

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Organization/Program/Clubhouse: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Signature: \_\_\_\_\_

**Are you:**  Receiving public mental health services  A staff member/Professional  Both

**Lunch:**  Regular  Vegetarian  Special dietary need (circle one): Kosher, Vegan, or Diabetic

**Do you need an interpreter? (if yes, please circle one):**

ASL (American Sign Language)  Spanish  Vietnamese  Arabic  Tagalog

Registration and nomination forms may be submitted to Recovery Innovations of California by mail or fax.

**Recovery Innovations of CA**

**3565 Del Rey St, Suite 202**

**San Diego, CA 92109**

**Phone: 858.274.4650**

**Fax: 858.274.4662**

For more information: 858.274.4650

**GO GREEN!** Help make this a **GREEN** summit by taking the trolley and/or bus. The Fashion Valley Transit Center is located right next to Town and Country. This is your summit! We want to see you there! If you are unfamiliar with the bus and trolley system, here are some places you can call to get additional help:

- RICA Peer Support Specialists - 858.274.4650
- MTS (Metropolitan Transit System) - 619.233.3004
- 211 (Resource Line) - 211
- 511 (Transportation) - 511



“This Person” ... believed in me.

“This Person” ... gave me hope.

“This Person” ... was there to support me in my darkest moment.

“This Person” ... made me believe I can do anything.



2012 SAN DIEGO COUNTY  
WELLNESS & RECOVERY SUMMIT

Who is your “**This Person**”? Nominate the person who has given you the greatest support for this year’s **This Person Award**. The winners will receive their award at the 2012 San Diego Wellness and Recovery Summit on March 28, 2012. (*Employees of RICA are not eligible to be nominated. A subcommittee will review all submissions*).

### Submit your nomination by Friday February 3, 2012

Please print clearly

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ e-mail: \_\_\_\_\_

Organization/Program/Clubhouse/other way to contact you: \_\_\_\_\_

**I nominate the following person as my “This Person”** (please provide their contact information so we may notify them):

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ e-mail: \_\_\_\_\_

Organization/Program/Clubhouse/other way to contact them: \_\_\_\_\_

Tell us in a few words why you nominated this person: \_\_\_\_\_

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