



California Bipolar Foundation

Free Mental Health Fair 2009

When: Saturday, 02 May 2009, 12:00 noon – 4:00 pm

**Where: Lawrence Family Jewish Community Center Gymnasium
4126 Executive Drive
La Jolla, California 92037**

Free on-site parking

Each May, in honor of Mental Health Month, the California Bipolar Foundation hosts a Mental Health Fair in San Diego. It is free to the public and has been a great source of information for those struggling to get answers. The purpose of the fair is to promote awareness of mental health issues of all kinds and to offer an opportunity for the public to have access to a wide variety of information under one roof and free of charge. It comprises an exhibitor's hall with many different organizations, providers, and companies providing information about their programs and services for the public. There is also a series of lectures offered on a broad range of topics related to mental health, including lectures in Spanish.

Directions to the Lawrence Family Jewish Community Center:

**From I-805 Exit La Jolla Village Drive West
West to Genesee Avenue
Right on Genesee Avenue
Left on Executive Drive or Eastgate Mall**

**From I-5 Exit La Jolla Village Drive East
East to Regents Road
Left on Regents Road
Right on Executive Drive or Eastgate Mall**

**Parking Enter front parking lot off Executive Drive
Enter back parking lot off Eastgate Mall or Genesee Avenue
Enter parking structure off Executive Drive**

If you are interested in being an exhibitor, or would like more information, please contact:

Karen Sheffres <ksheffres@cox.net> 858.679.9859