



Tri-City Medical Center
**Community Wellness Expo &
 Depression Screenings**

Thursday October 4th, 2012
 1:00-4:00 p.m.

Tri-City Medical Center
 4002 Vista Way, Oceanside, CA 92056
 Assembly Rooms (lower level)

Keynote Speaker



Dan Ainsworth

Come listen to Dan's story about his personal struggles living with a Generalized Anxiety Disorder and Major Depressive Disorder since the age of 14 and his incredible success in coping with these conditions.

HOPE

WELLNESS

COMMUNITY

We're in this **Together!**

**Depression Screenings Available
 October 1st through the 5th**

Monday	Oct, 1	12 PM to 4PM
Tuesday	Oct, 2	12 PM to 4PM
Wednesday	Oct, 3	12 PM to 4PM
Thursday	Oct, 4	12 PM to 4PM
Friday	Oct, 5	12 PM to 4PM

Vendor Opportunities:
 No fee is required. Must RSVP.

For more information please contact :
 Jim Hamilton at hamiltonj@tcmc.com