

**Learn & Speak-Out *about*
Mental Health Services**
at the **County-Wide Peer Liaison Meeting**

March Topic: Recovery & Self-Help Avenues

Speakers:

Recovery International—Lisa Garcia
National Alliance for Mentally Ill—Devin Eshelman
Depression Bipolar Support Alliance—Michelle Routhieaux
Recovery Innovations of California—Judi Holder
Roadmap To Recovery—Laura Wiseman

Where:

Health Services Complex-Rosecrans

Coronado Room
3851 Rosecrans St., San Diego, 92110
(at Kurtz Street near the Old Town trolley station)

When:

Tuesday, March 23, 2010
For 2010: On the fourth Tuesday of every month
1:00 to 3:00 pm



Recovery Innovations of CA www.recoveryinnovations.org
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