

International Bipolar Foundation Presents:

BIPOLAR DISORDER: EIGHT STRATEGIES FOR COPING AS AN INDIVIDUAL AND A FAMILY

BY: DR. DAVID MIKLOWITZ

THURSDAY DECEMBER 8, 2011



Dr. Miklowitz is Professor of Psychiatry in the Division of Child and Adolescent Psychiatry at the UCLA Semel Institute, and a Senior Clinical Research Fellow in the Department of



Psychiatry at Oxford University. He completed his undergraduate work at Brandeis University and his doctoral (1979-1985) and postdoctoral (1985-1988) work at UCLA. His research focuses on family environmental factors and family psychoeducational treatments for adult-onset and childhood-onset bipolar disorder.

Dr. Miklowitz has published 225 research articles and book chapters on bipolar disorder and schizophrenia, and six books. His articles have appeared in the Archives of General Psychiatry, the American Journal of Psychiatry, the British Journal of Psychiatry, the Journal of Nervous and Mental Disease Biological Psychiatry, the Journal of Consulting and Clinical Psychology, and the Journal of Abnormal Psychology. His book

with Michael Goldstein, *Bipolar Disorder: A Family-Focused Treatment Approach* (Guilford), won the 1998 Outstanding Research Publication Award from the American Association for Marital and Family Therapy. His book "The Bipolar Disorder Survival Guide" has sold over 200,000 copies, and is now out in a second edition.



5:30-6:00PM-SOCIAL
6:00-7:00PM- LECTURE

Sanford Children's Research Center
Building 12
10905 Road to the Cure
San Diego, CA 92121

Directions: Coming from the 5-North, exit Genesee Avenue and turn right. Continue onto North Torrey Pines Road. Turn right at Science Park Road and take the 1st left onto Torreyana Road. Take the 1st right onto Road to the Cure (building on left hand side).

*Event and Parking are free

R.S.V.P. to areitzin@internationalbipolarfoundation.org