

Give Back Comfort Drive

Goal: Provide needed clothes and comfort items to inpatients at Sharp Mesa Vista Hospital

What: Comfort Drive for patients at Sharp Mesa Vista Hospital

When: Now through June 30, 2012

Where: Bring donations to a DBSA San Diego group or picnic or contact Michelle at michelle@dbsasandiego.org.

Facebook
Event



What can I give?

See page 2

Details: Sharp Mesa Vista is a local psychiatric hospital near and dear to my heart. Often patients arrive without clothes or other comforts of home. Simple things like an outfit, a hairbrush, or shampoo and conditioner can help them feel loved and feel like themselves again. Even a pair of underwear that fits can make someone's day.

**So, go through your closet, hit the store, or ask a friend.
Let's make it happen!**

This is a DBSA San Diego Give Back Program project by Michelle Routhieaux.

www.dbsasandiego.org

Donation Ideas

*Men's & Women's Clothing (no holes, stains, tears or drawstrings)

*Plus Size clothing

*New socks & underwear

*New Hairbrushes

*Wide-tooth combs

*Shampoo & Conditioner

*New Chapstick

*Emery Boards

*Crochet hooks & yarn

*Playing Cards

*Books or magazines

*Art Supplies—markers, crayons, colored pencils, coloring books, sketchpads, stickers, etc.

New toothbrushes/toothpaste

Women's hygiene products

Bras

Pajamas

Hairties

Lotion

Deodorant

Shoes that don't require laces

Board games

Sandals/Flip-flops

Slippers

Crossword/Wordsearch books

Play-Doh or Clay

Puzzles

Puzzle Mats

Bound journals (no spiral binding)

Composition books

New Makeup

Sunglasses

Jewelry

Small stuffed toys

Packaged candy

Items with pink asterisks have been requested by the hospital.

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