

# OBSESSIVE COMPULSIVE ANONYMOUS (OCA)

A 12-STEP GROUP FOR PEOPLE  
WITH OBSESSIVE COMPULSIVE DISORDER (OCD)

*Together we can recover and have freedom from OCD!*

***MONDAYS 6:00 – 7:00 PM***

*(MEETINGS ARE OPEN TO ANYONE WHO WANTS TO ATTEND)*

DEPT. OF HEALTH SERVICES COMPLEX  
3851 ROSECRANS STREET  
SAN DIEGO 92110  
(IN THE HARBOR ROOM)

*(Across from the Old Town Trolley Station on Pacific Highway)*

**For Further Information:**

**[OCASanDiego@hotmail.com](mailto:OCASanDiego@hotmail.com)**

## Directions

**By Car:** Take 8 West to Rosecrans Street. Bear left upon exiting. Make the first left onto Moore Street. Go to the end to Rosecrans Street. Make a right onto Rosecrans Street. Get into the left turning lane and turn left into the 2nd driveway (the "Health Services Complex" sign is at the entrance). *(Please note: the 5 Freeway also goes to Rosecrans Street but cars are not permitted to turn left on to Moore Street upon exiting.)*

**By Trolley:** Take the Blue Line to the Old Town Transit Center Stop. Walk through the big parking lot which leads to the Old Town Inn (here is a crossing light first). Once you cross the street and walk towards the Inn you'll see a large parking lot again. This is the rear of the Health Services Complex. Walk around to the front of the building to the front desk. (The Coaster also stops at Old Town. You can follow trolley directions.)