USE YOUR SMARTPHONE TO CONNECT WITH YOURSELF

Participate in a study examining how smartphones can help us better understand real-world mental functions.

UC San Diego
Inclusion Criteria:
Bipolar I or II disorder OR have no mental illness
18 to 65 years old
English speaker
Do not have a history of head trauma
Do not have a history of a neurological disorder (e.g., Parkinson's disease, Alzheimer's disease, stroke, seizures)

Study Includes:
Clinical interviews
Testing: memory, attention & learning tasks
Smartphone tests of mental functions & wrist-watch device called an actigraphy watch to measure your physical activity and sleep patterns

Compensation for 3 in-person visits & for each at-home survey you complete

Interested? Contact Tess Filip or Snigdha Kamarsu at: 858-534-0506