



HEALTH
EDUCATION
COUNCIL

PROMOTING HEALTHY COMMUNITIES.
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**Benefits
Education
Center**

The Benefits Roadshow Benefits Training

For Consumers with Disabilities

Mark Your Calendar!!

Free Trainings for **YOU!**

Your Choice of Dates & Times

Two, 2-Hr. Sessions – 10am – 12pm & 1:30pm – 3:30pm
(AM sessions lunch provided; PM sessions snacks provided)

Part One: Thursday, Sept. 11th

Southwestern College – 900 Otay Lakes Rd, Chula Vista, CA
10am – 12pm - Accessing Income Coverage (SSI/SSDI)
1:30pm – 3:30pm – Work and Benefits

Part Two: Friday, Sept. 12th

Southwestern College – 900 Otay Lakes Rd, Chula Vista, CA
10am – 12pm - Medicare – Private Health Insurance
1:30pm – 3:30pm – Medi-Cal – 5 Types

Part One Repeated: Thursday, Sept. 18th

San Diego Multi-cultural Storefront (Community Rm.) 5348 University Ave, Suite 100, SD, CA
10am – 12pm - Accessing Income Coverage (SSI/SSDI)
1:30pm – 3:30pm – Work and Benefits

Part Two Repeated: Friday, Sept. 19th

San Diego Multi-cultural Storefront (Community Rm.) 5348 University Ave, Suite 100, SD, CA
10am – 12pm - Private Health Insurance
1:30pm – 3:30pm – Medi-Cal – 5 Types

(Requests for Spanish translation must be indicated on the online registration form and received at the HEC office before registration closes Monday, September 1st at 4:00pm)

Pre-registration required - Space is Limited!

Register on-line only at: www.healthedcouncil.org (You will receive an immediate email confirmation)

Questions? Contact Coni Taylor: 916-556-3344 ext. 125

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