

Participants With Bipolar Disorder Needed

A clinical trial of psychoeducational interventions for people with bipolar disorder

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Who is Eligible?

You may be eligible if you:

- Have been diagnosed with bipolar disorder
- Are at least 18 years of age
- Are willing to come to the UCSD Campus in La Jolla for assessments

What will Research Participants be Asked to Do?

- 4 in-person psychoeducational interventions
- 4 in-person assessments about psychiatric symptoms, cognitive functioning, and quality of life
- Randomly assigned to one of 2 groups
 - Group 1: answer questions about daily experiences on a smartphone for 12 weeks
 - Group 2: fill out paper and pencil daily mood charts for 12 weeks

How long will this take?

- The entire study will last 12 weeks, with the possibility of a 24 week follow-up assessment

How Much are Research Participants Paid?

- You will receive \$25 for each assessment and an additional \$25 if you complete at least 3 assessments (maximum \$125)

To Find Out more About this Research Study, please contact the Primary Investigator, Colin Depp at (858) 822-4251 or Laura Vergel de Dios at (858) 822-6027.