Sharp Mesa Vista Hospital

Saturday Intensive Outpatient Program (Located in the Outpatient Program area at Mesa Vista)

Skills to manage distress and regulate emotions.

-Tools to ease transition from higher levels of care.

Program is open to admit patients who will be enrolled in Outpatient Services.

Transportation may be available for those unable to provide their own transportation.

(Medicare and most commercial insurance accepted)

Pre-arranged admission preferred. Please contact Program. To better serve patients, please note this is not a drop in program.

Please make referrals to: Terri Fitzpatrick, MSN, LMFT

858-836-8708

Fax: 858-836-8353

