

This is not an official DBSA-sanctioned event, just a member trying to make a difference. Sharing my story helps me feel like the pain and struggle was not in vain, that I can help others. Even if I help one person, then it's worth it.



Back from Hell...

...My Story of Anxiety and Bipolar Disorder



Aaron Klein shares his life with anxiety and bipolar disorder, *with live music* to manifest different moods. The venue only holds about thirty-five people. Admission is free, but \$5.00 donations are accepted, a portion of which will go to DBSA San Diego. Thanks to all of you at DBSA who have supported me in good times and in bad. It's gonna be a great evening.

when: Wednesday, 20 March 2013, 6:30pm
where: Cafe Cabaret coffeehouse

Visit <http://www.yelp.com/biz/cafe-cabaret-san-diego/>

Cafe Cabaret
3739 Adams Avenue (at East Mountain View Drive)
San Diego, California 92116
(in Normal Heights, close to I-15)

To ensure adequate seating,
please RSVP to
<hope.is.unlimited@gmail.com>

