



Depression and Bipolar Support Alliance *of San Diego*

DBSA of San Diego presents ...

A Therapy Session from the Therapist's Point of View

Claudia Rhodes, LCSW

Ms Rhodes is going to speak on a variety of topics. A few areas of her talk will focus on what exactly a therapist does. How does she decide on what type(s) of intervention to focus, her awareness of when someone may be given an incorrect diagnosis, and what she sees as the seven important behaviors that help keep life on track. She will also want to know what questions the audience has regarding the therapeutic process. She will take general questions about therapy, but since she is not a doctor, she will not discuss medications. Claudia will bring her therapy dog, Heartley, to the presentation.

Claudia Rhodes, LCSW, has been providing individual, couple, and group psychotherapy in San Diego since 1991. She has worked for the County of San Diego in the adoption unit, The Chadwick Center for Children and Families at Rady Children's Hospital, working with victims and family members who had been traumatized by abuse, PsyCare as a group and individual therapist, and currently is in private practice. Claudia takes a holistic approach with her clients. She believes that it is important to focus on healing mind, body, and spirit. Her therapy dog, Heartley, is an integral part of her therapy. His energy is calming and nurturing.

**When: Monday, 04 February 2008
6:00pm – 7:30pm**

**Where: Garren Auditorium
Basic Science Building
Medical School Campus
University of California, San Diego
La Jolla, California**

There is free parking in the VA Hospital parking lot. Garren Auditorium is a short walk over the footbridge. Follow the signs for about one block. See the map on the reverse side of this sheet for explicit directions.