



Depression and Bipolar Support Alliance *of San Diego*

DBSA San Diego presents ...



Colin Depp, Ph.D.

Assistant Clinical Professor of Psychiatry at the UCSD Med School

Understanding Self-Harm

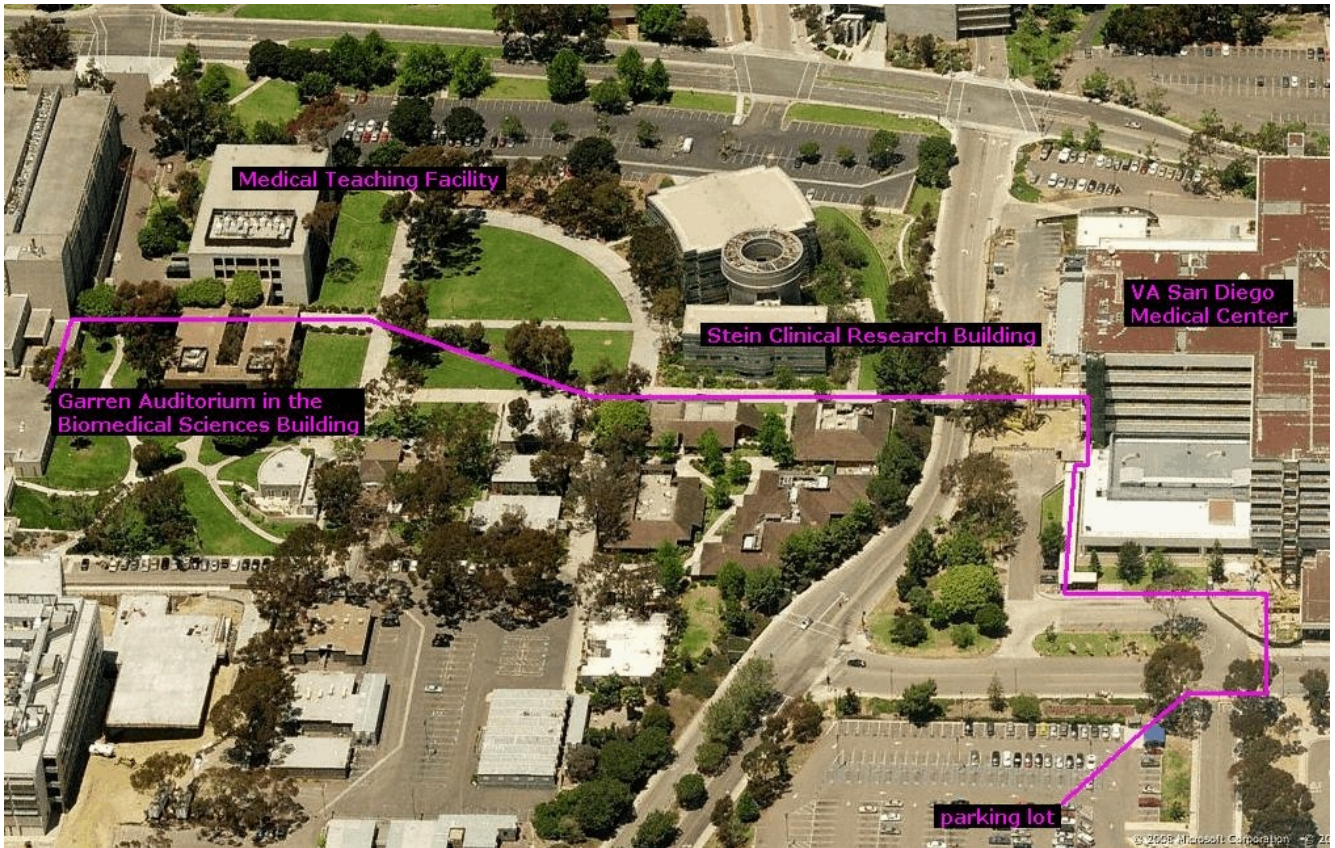
Dr. Depp will review the prevalence, causes, and treatment options for several kinds of self-harm behaviors, which will include discussion of suicidal feelings, self-injury, and substance use problems. Emphasis will be put on self-harm in the context of mood disorders.

When Monday, 06 April 2009
6:00pm – 7:30pm

Where Garren Auditorium
Biomedical Sciences Building
Medical School Campus
University of California, San Diego
La Jolla, California

Colin Depp, Ph.D., is an Assistant Clinical Professor in the Department of Psychiatry at the School of Medicine of the University of California, San Diego, and one of DBSA San Diego's three sponsors. He is also a Research Fellow at UCSD's Sam and Rose Stein Institute for Research on Aging. Dr. Depp received his bachelor's degree from the University of Michigan and his doctorate in clinical psychology from the University of Louisville. He then completed a pre-doctoral internship at the Palo Alto Veteran's Administration and a National Research Service Award post-doctoral fellowship in the Division of Geriatric Psychiatry at UCSD.

There is *free parking* in the VA San Diego Medical Center parking lot. Garren Auditorium is a short walk over the footbridge. Follow the signs for about one block. *See the map on the reverse side for detailed directions.*



1. Start in the **parking lot** and walk to the bus stop in front of the **VA San Diego Medical Center** (usually called the VA Hospital in La Jolla).
2. Walk west to the covered outdoor corridor, turn right and walk north down that corridor, along the western edge of the hospital, until you turn left (west) when you get to the footbridge.
3. Walk over the footbridge that crosses Villa La Jolla Drive.
4. Walk past the **Stein Clinical Research Building** (on your right).
5. On your right, you will see a diagonal asphalt path starting near a fire hydrant. Walk down that path to the **Medical Teaching Facility** building.
6. When you reach the end of the asphalt path, walk under the overhead walkway connecting the two parts of the building. Continue until you reach the next building, which is the **Biomedical Sciences Building**.
7. Enter the large glass sliding doors and turn immediately left down a corridor, where there is a sign saying **Garren Auditorium** is in Room 1105.
8. Walk down the corridor, turning right, then left.
9. Enter where it says Room 1105 (the bottom/front of the room, where the lecturer will be) and take a seat. Alternatively, continue until you see a staircase going up on your right. This will take you to the top/back of the auditorium.

Signs will be posted along the route from the parking lot to Garren Auditorium.