



## Depression and Bipolar Support Alliance of San Diego

*DBSA San Diego presents ...*



**John R. Kelsoe, M.D.**

# Precision Treatment of Bipolar Disorder

Dr. Kelsoe will discuss the movement towards *personalized or precision medicine* and the science that makes it possible. Everyone responds differently to treatment. How can we best tailor the treatment to the patient? Soon testing will help doctors find the best medicine for each patient, reducing the time to reach stability. *Note that regular DBSA San Diego support groups will still meet in the other rooms at their usual time of 6pm to 8pm.*

**when: Monday, 06 April 2015  
6:00pm to 8:00pm**

**where: Room 2011 (Second Floor)  
VA San Diego Medical Center  
3350 La Jolla Village Drive  
San Diego, California 92161**

**John Kelsoe** was born in Birmingham, Alabama and received his MD degree from the University of Alabama. He trained in psychiatry at UCSD and then trained in genetics research at the National Institutes of Mental Health in Bethesda, Maryland. He returned to UCSD and has been on the medical faculty for over twenty years. His long-term research interests have focused on the role of genes in the cause of bipolar disorder and the response to medication. He runs a bipolar treatment clinic at the VA San Diego Medical Center where he conducts clinical care, teaching, and research. Dr. Kelsoe is also a founding member of DBSA San Diego and serves as one of its advisers.

**Directions:** Take Interstate 5 to the La Jolla Village Drive exit. Drive west (on La Jolla Village Drive) and turn right at the first stoplight, onto Villa La Jolla Drive. Go up the hill and turn right at the first stoplight, then make the next right turn into the lot just south of the VA San Diego Medical Center and park there (for free). Enter the front of the building, continue walking straight, to the elevators, go to the Second Floor, and proceed to Room 2011, which is close to the elevators.