



Depression and Bipolar Support Alliance of San Diego

DBSA San Diego presents ...



Lisa Mills, MD, MSW and Elena Widman, LCSW

Inpatient and Outpatient Services at Sharp Mesa Vista Hospital

Lisa and Elena will be speaking about Sharp Mesa Vista Hospital's inpatient and outpatient services and also presenting a brief overview of our Psychiatric Emergency Team (PET), ECT services, and Clinical Research Trials. *Note that regular DBSA San Diego support groups will still meet in the other rooms at their usual time of 6pm to 8pm.*

**when: Monday, 04 May 2015
6:00pm to 8:00pm**

**where: Room 2011 (Second Floor)
VA San Diego Medical Center
3350 La Jolla Village Drive
San Diego, California 92161**

Lisa Mills completed her MD degree at Eastern Virginia Medical School and her MSW at the University of Southern California (USC). While at USC, Lisa chose to focus on administration and community organization, which led her to an internship with Sharp Mesa Vista Hospital. She continues to work for Sharp as a Business Development and Community Relations Specialist. Lisa helped develop and refine programs for Sharp as well as provide strategic opportunities for growth and collaboration in the San Diego community. She enjoys using both her physical and social science knowledge to help expand and improve Sharp patients' care and network of supportive services.

Elena Widman completed her Masters of Social Work at SDSU, where she was able to participate in the Mental Health Training program. An internship at Sharp Grossmont led her to employment at Sharp Mesa Vista, first as a group therapist and now as clinician for the Outpatient Assessment Team. Elena was instrumental in the initial development of this department and completed her LCSW hours while working in this role. She has helped to train several staff members as well as interns, and volunteers to provide presentations for the Independent Living Association. Elena enjoys seeing the Outpatient Assessment Team at Sharp Mesa Vista grow and evolve to serve the treatment and recovery needs of our community, including clients, their families, and treatment providers.

Directions: Take Interstate 5 to the La Jolla Village Drive exit. Drive west (on La Jolla Village Drive) and turn right at the first stoplight, onto Villa La Jolla Drive. Go up the hill and turn right at the first stoplight, then make the next right turn into the lot just south of the VA San Diego Medical Center and park there (for free). Enter the front of the building, continue walking straight, to the elevators, go to the Second Floor, and proceed to Room 2011, which is close to the elevators.