



Depression and Bipolar Support Alliance of San Diego

DBSA San Diego presents ...



Lisa Falls, MFA, MPS, ATR-BC

Art Therapy with Hands-On Art Experience

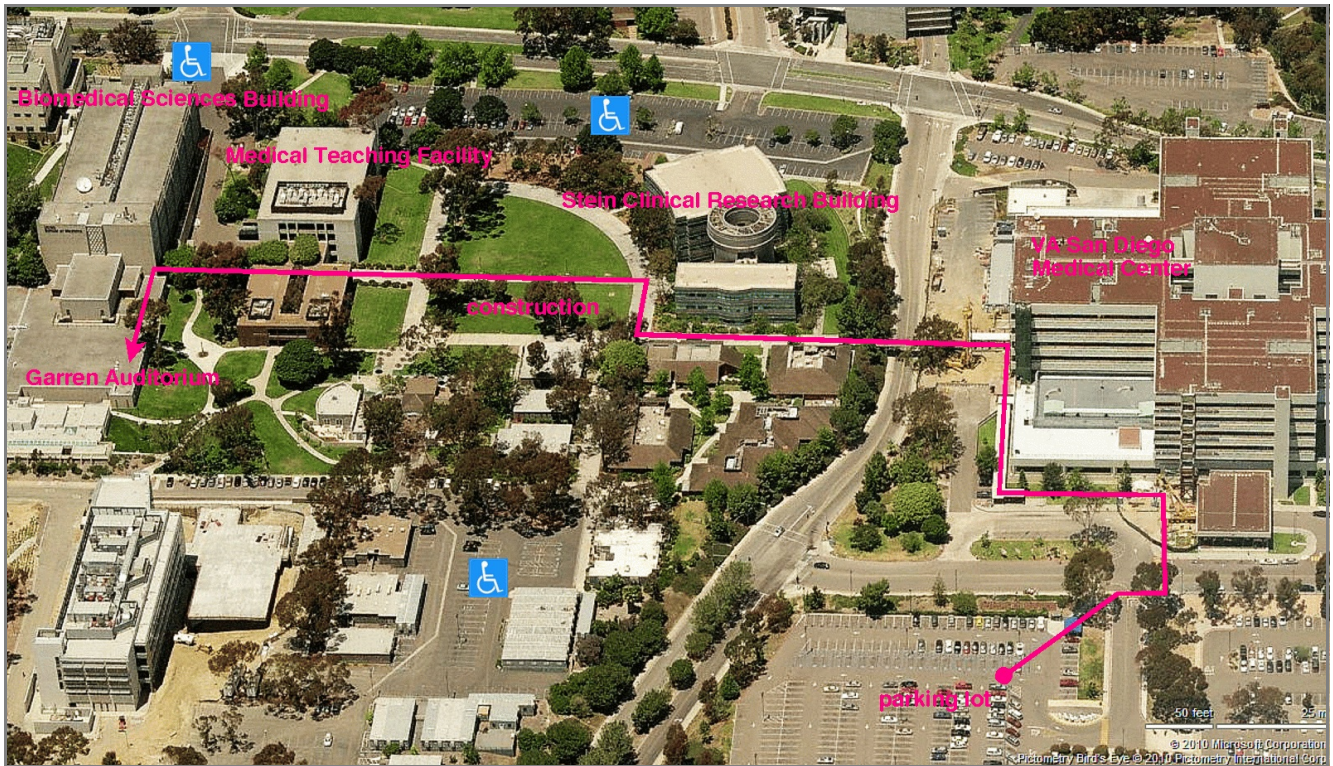
While encouraging all to use their innate creativity, Lisa will guide participants through an art experience using simple materials to explore their past, present and future, then open a discussion of what individuals have seen and learned in the process.

When **Monday, 01 November 2010**
6:00pm – 8:00pm

Where **Garren Auditorium**
Biomedical Sciences Building
Medical School Campus
University of California, San Diego
La Jolla, California

Lisa Falls is an artist and is a Registered, Board Certified Art Therapist with the Art Therapy Credentials Board. Lisa has utilized art therapy for mood disorders in various settings, both with groups and individuals. She is the Program Coordinator and instructor for the University of California, San Diego (UCSD) Extension Specialized Certificate in Therapeutic Uses of Art. Lisa facilitates an Art Expressions group at Sunrise Senior Living at La Costa, as well as running a Memories in the Making group through the Alzheimer's Association. She facilitates an art therapy Cancer Survivor support group through Sharp Healthcare's Arts for Healing Program.

There is *free parking* in the VA San Diego Medical Center parking lot. Garren Auditorium is a short walk over the footbridge. Follow the signs for about one block. See the map on the reverse side for detailed directions. For information on parking with "Disabled Person" placards or license plates, see the Web page <http://blink.ucsd.edu/facilities/transportation/permits/disabled.html> or see the map overleaf.



Walking Directions to Garren Auditorium

Follow the DBSA San Diego signs with the blue arrows along the way.

1. Start in the parking lot and walk to the bus stop in front of the VA San Diego Medical Center (usually called the VA Hospital in La Jolla).
2. Walk **west** to the covered outdoor corridor, turn **right** and walk down that corridor (along the western edge of the hospital) until you turn **left** when you get to the footbridge crossing Villa La Jolla Drive. Walk over that footbridge.
3. Continue walking past the **Stein Clinical Research Building** (on your **right**).
4. To avoid the construction area, follow the sidewalk **right** and then **left** where the fence ends, continuing toward the **Medical Teaching Facility** building.
5. Walk under the overhead walkway connecting the two parts of **Medical Teaching Facility**.
6. Continue walking until you reach the **Biomedical Sciences Building**.
7. Enter the large glass sliding doors and turn immediately **left** down a corridor, where there is a sign saying **Garren Auditorium** is in Room 1105.
8. Walk down the corridor, turning **right**, then **left**.
9. **Garren Auditorium** is down the first hallway to your **left**, Room 1105. You can enter at the bottom, where the lecturer is, or continue until you see a staircase going up on your **right**. This will take you to the top (back) of the auditorium.

Please note: The sliding glass doors to the Biomedical Sciences Building lock from the outside at 7pm, so please be sure to arrive before then.