

From Bipolar Disorder to Bipolar In Order

Cutting Edge Training for Bipolar and Depression

Tom Wootton returns to the San Diego area to share comprehensive trainings for bipolar and depression. He demonstrates methods and skills leading to an extraordinary life, with Bipolar IN Order. This talk is open to all in the mental health field, clients, families and therapists alike. Tom will share exercises from the programs assessments and tools that can be of practical use for anyone.



Mr. Wootton is a nationally-recognized and sought-after speaker on positive approaches to mental health. He is passionate about bringing change to the way we view and treat mental conditions. He asks everyone in the mental health field to move past the "bigotry of low expectations" and demand better outcomes for those living with bipolar and depression. His first workshop was coined Bipolar IN Order in 2003 and since that time he has worked tirelessly with doctors, therapists, mental health organizations, and families to change the existing paradigms of the mental health field.

Mr. Wootton is from San Francisco. He is the author of three books: *Bipolar In Order; Looking at Depression, Mania, Hallucination, and Delusion From the Other Side* (2010), *The Bipolar Advantage* (2005), and *The Depression Advantage* (2007).

Bipolar Advantage is certified by the California Board of Behavioral Health (PCE#4050) to offer CEU Units for MFT and LCSW therapists. Call or email for more information and to register for CEU credit or to reserve seating as some of these venues have limited seating.

Events below are FREE and open to the public. Call 415.992.5315 for additional information.

Monday, 20 August 2012

7:00pm – 8:30pm

Free parking

Days Hotel

543 Hotel Circle South

San Diego, California 92108

Tuesday, 21 August 2012

7:00pm – 8:00pm

Carlsbad City Library (Dove Library)

1775 Dove Lane

Carlsbad, California 92011

Wednesday, 22 August 2012

7:00pm – 8:00pm

La Jolla Community Center

6811 La Jolla Boulevard

La Jolla, California 92037

Call 858.459.0831 for directions

Thursday, 23 August 2012

7:00pm – 8:30pm

Village Gate Wellness Collective

1054 Second Street

Encinitas, California 92024

For additional information, photos, or interview:

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